



21 DAY

PRAYER GUIDE FOR 2024



*A special thanks to Church of the Highlands for providing
some of the content found in this prayer guide.*

BEFORE YOU START...

I urge, then, first of all, that requests, prayers, intercession and thanksgiving be made for everyone—for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness. This is good, and pleases God our Savior, who wants all men to be saved and to come to a knowledge of the truth.

1 TIMOTHY 2:1-4

God has put us on the earth at this specific time for a reason. He says in Acts 17:26 that He determined when and where we would live. Knowing this, we can look at those around us at this specific time in history, and take personal responsibility to pray. To pray for those in authority and those under your authority. Pray for those in your family and your circle of influence.

Write down the names and over these next 21 days, make prayers of intercession on their behalf.

MY FAMILY

SPOUSE _____

CHILDREN _____

PARENTS _____

SIBLINGS _____

EXTENDED FAMILY _____

MY CHURCH

PASTORS _____

MINISTRY LEADERS _____

OUR GOVERNMENT

NATIONAL LEADERS _____

PROVINCIAL LEADERS _____

CIVIC LEADERS _____

MY LIFE




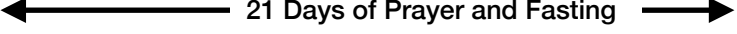
FOR 2024 OR THESE DAYS OF PRAYER AND FASTING, I PRAY...

1.

2.

3.

21 DAY PRAYER CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	1	2	3	4	5	6
7	8	9	10	11	12	13
 21 Days of Prayer and Fasting						
14	15	16	17	18	19	20
 21 Days of Prayer and Fasting						
21	22	23	24	25	26	27
 6-7 AM Prayer at BP					Spiritual Enrichment Services	
 21 Days of Prayer and Fasting						
28	29	30	31	1	2	3
Spiritual Enrichment Services						

21 DAYS OF PRAYER IS FOR YOU

If you sense that God has more for your life, *21 Days of Prayer* is a great place to start believing Him for all that He has for you. As you pray daily you will put **seeking God first** into practice, and when you do this, He will start working on your behalf like never before. You will see a difference in your relationships, your work, your family and every area of your life. It is then that you will best be able to spread His love to others.

WHY 21 DAYS?

There is nothing special about 21 days, but that is the generally accepted number of days that it takes to establish a daily habit. And that's the goal...to develop a new daily habit of connecting with our Father in heaven through prayer.

HOW TO PRAY

If you are new to prayer, it can seem awkward at first. God loves you and simply wants to talk with you as a child speaks to a loving, attentive father. Because of our relationship with God, we can call him Abba, which means daddy.

So you have not received a spirit that makes you fearful slaves. Instead, you received God's Spirit when he adopted you as his own children. Now we call him, "Abba, Father."

Romans 8:15

Sometimes prayer is challenging because we don't know what to talk about. We can fall into the trap of rushed prayers, focusing on our immediate needs. Over the next 3 weeks, there are 3 sections we would like you to be praying through.

Week 1 - Names of God

Week 2 - Our Church Family

Week 3 - The Lord's Prayer

May the Lord richly bless you as you seek Him with all of your heart!

WHAT IS FASTING?

Biblical fasting is to voluntarily give up something that is part of our daily routine in order to draw closer to God.

During this time, we pray for something specific. The purpose of giving up or sacrificing what we want helps us remember to pray and helps us remember that we are serious about what we are asking for in prayer. All through Scripture, God's people fasted and prayed when they wanted to draw near to God, hear from Him and seek answers to prayers. In the Bible, fasting was always associated with food. But today, there may be things that are harder to give up than food – things such as television or games or texting or shopping. Fasting coupled with prayer is the one discipline Jesus promised would bring about supernatural results. And it is a discipline God assumes all believers practice – in Matthew 6:16 (see below), Jesus said “when you fast” not “if you fast.”

Matthew 6:16 says, “And when you fast, don’t make it obvious, as the hypocrites do, for they try to look miserable and disheveled so people will admire them for their fasting. I tell you the truth, that is the only reward they will ever get.” *New Living Translation*

Listed below are some of the reasons why people in the Bible fasted:

Repentance.....	Jonah 3:5 and Daniel 6:18
When facing danger.....	Ezra 8:21, 23
Courage and wisdom:.....	Esther 4:3, 16 and 9:31
In times of grief.....	1 Sam. 31:13 & 1 Chr. 10:12
In times of distress	2 Samuel 1:12
Spiritual power.....	Mark 9:29
Ultimate denial of the flesh	Matthew 4:2
Wisdom	Acts 14:23
Answered prayers.....	Matthew 17:21
Mourning.....	Daniel 10:1-3
Special revelation	Exodus 34:27-28
Spiritual recuperation.....	1 Kings 19:1-9
Set aside self for holiness	1 Corinthians 7:5

HOW DO I FAST?

FOOD FASTS

Complete fast – this fast calls for drinking only liquids, typically water with light juices as an option, for an entire day or period of days.

Selective fast – this type of fast involves removing certain elements from your diet. One example of a selective fast is the Daniel Fast, during which you remove meat, sweets, and bread from your diet and consume water and juice for fluids and fruits and vegetables for food.

Partial fast – this fast is sometimes called the Jewish Fast and involves abstaining from eating any type of food in the morning and afternoon. This can either correlate to specific times of the day, such as 6:00 AM to 3:00 PM, or from sunup to sundown.

Single food fast – this fast involves giving up coffee or chocolate or meat or whatever you will miss if you don't have it.

Fast from eating out – refrain from eating out during the period of your fast.

MEDIA FAST

This fast is for those who have health issues that prevent them from fasting food, or who wish to refocus certain areas of their life that are out of balance. Some ideas:

- Give up TV or video games
- Give up texting or turn off the cell phone
- Abstain from social media
- Fast from internet shopping or all recreational shopping and only purchase essentials

WEEK 1 | PRAYING THE NAMES OF GOD

Most often, when we come before God, we call Him “Lord” or “Heavenly Father,” but God has a name! The Bible mentions multiple names of God which reveals his character. They tell us who He is and what He does. As we begin 2024 praying the Names of God will bring greater understanding of the authority available to us.

The names of God reveal His character and nature. When we pray His different names, we meditate on Who He is and see Him in a more personal way. It deepens our relationship with Him and enhances our prayer life.

Here are seven of His names and how you can pray them to fire up your prayer life as you begin 2024

JAN 8 | JEHOVAH - I AM THAT I AM

It is the name God gave Himself when Moses asked for His name in Exodus 3:14. It is translated in English Bibles as “LORD” all caps, not to be confused with Adonai which means Lord.

“And God said unto Moses, I Am That I Am: and he said, Thus shalt thou say unto the children of Israel, I Am hath sent me unto you.” (Exodus 3:14)

Jehovah means “I Am that I Am,” or “He Will Be,” and it’s the only proper name of the God of Israel. It indicates God’s transcendent and self-existent nature. He was, is and will be.

When you pray to Jehovah, remember that he is the only God who draws near to save you from sin providing you with what you need.

PRAY:

- Thank God that He has freed you from every form of bondage
- Thank God because his Goodness never fails, He continues to forgive
- If you are broken hearted today remember He is close (Ps 34:18)

JAN 9 | JEHOVAH JIREH — THE LORD WILL PROVIDE

It means “The LORD Will Provide” and occurs only once in Genesis 22:14, when Abram was about to sacrifice his son Isaac, but God provided a ram for the sacrifice instead. Yahweh Yireh indicates God’s provision and care for His people.

“And Abraham called the name of that place Jehovah-Jireh: as it is said to this day, In the mount of the Lord it shall be seen.” (Genesis 22:14)

Since God sees the future as well as the past and the present, he is able to anticipate and provide for what is needed. When you pray to Jehovah Jireh, you are praying to the God who sees the situation beforehand and is able to provide for your needs.

PRAY:

- Call on God supranational provision for your life
- Praise him for caring for you and supplying all your needs
- Ask Him for anything you lack and trust for him to provide in 2024

JAN 10 | JEHOVAH RAPHA — THE LORD WHO “HEALS,” “CURE,” “RESTORE”

It means the “LORD Who Heals” and it occurs in Exodus 15:26. God called Himself Yahweh Rapha after He healed the bitter waters of Marah so the Israelites could drink from it. He declared He was their healer and would spare them from the diseases He put on the Egyptians. This name indicates God as the source of all healing: body, mind, and soul.

“And said, If thou wilt diligently hearken to the voice of the Lord thy God, and wilt do that which is right in his sight, and wilt give ear to his commandments, and keep all his statutes, I will put none of these diseases upon thee, which I have brought upon the Egyptians: for I am the Lord that healeth thee.” Ex 15:26

The Bible teaches that God is the source of all healing. The New Testament reveals Jesus as the Great Physician, the healer of body and soul, whose miracles point to the kingdom of God. Can you believe God for your healing in 2024

PRAY:

- Acknowledging God alone is able to heal you,
- Thank God for your health.
- Ask Him to heal and restore you from any illness, scar, or pain in your life,
- Ask God to repair the broken parts of you and make you whole again.

JAN 11 | JEHOVAH NISSI – THE LORD OUR BANNER

It means “The LORD Our Banner.” It only appears in Exodus 17:15. God had just delivered the children of Israel from the Amalekites, so Moses built an altar and called it “The-LORD-is-my-banner.” Banner or Nissi means a rallying point, a sign, or a signal. This name indicates God’s willingness to fight our battles and bring us victory. Moses built an altar and called it The LORD is my Banner. He said,

“For hands were lifted up to the throne of the LORD. The LORD will be at war against the Amalekites from generation to generation.” (Exodus 17:15–16)

When you pray to Jehovah Nissi, you are praying to the God who is powerful enough to fight your battles and overcome any situation.

PRAY:

- Invite God into your battles to fight for you in 2024,
- Praise His willingness to defend you and deliver you.
- Call upon God’s mighty power to lead you to victory,
- That you will have confidence in the fact that He will intercede for you.

JAN 12 | JEHOVAH SHALOM – THE LORD OUR PEACE

It means “The LORD Our Peace” and only occurs in Judges 6:24. The Angel of the Lord appeared to Gideon and told Him to have peace and not to fear, for he would not die for seeing the Angel face to face. So, Gideon built an altar and called it “The-Lord-Is-Peace.” This name indicates God’s gentle and peaceable nature.

“Then Gideon built an altar there unto the Lord, and called it The LORD is Peace.” (Judges 6:24)

Shalom comes from living in harmony with God. The fruit of the harmony from God, is harmony with others, prosperity, health, satisfaction, soundness, wholeness, and well-being. When you pray to Jehovah Shalom, you are praying to the source of all peace.

PRAY

- Invite God’s supernatural peace in your life.
- Thank God for carrying your burdens and worries.
- Ask Him to fill you with His peace that surpasses understanding and ask Him to give you rest.

JAN 13 | JEHOVAH ROI - THE LORD IS OUR SHEPHERD

It means “The LORD Our Shepherd” and was penned by David in Psalm 23:1.

“The Lord is my shepherd; I shall not want.” (Psalm 23:1)

This name shows that God cares for us as a shepherd cares for his sheep. A shepherd guide feeds and protects his sheep. God is the good shepherd that lay down His life for His sheep.

The New Testament presents Jesus as the Good Shepherd, who protects the lives of his sheep by forfeiting his own life.

When you pray to the Lord your Shepherd, you are praying to the One who watches over you day and night, feeding you and leading you safely on the path of righteousness

PRAY:

- Ask God for His guidance, leadership, and protection.
- Thank God for caring for you and giving up His life for you.
- Ask Ask to prepare the way ahead of you while walking beside you in 2024

JAN 14 | JEHOVAH SHAMMAH – THE LORD IS THERE

It means “The Lord Is There” and occurs only in Ezekiel 48:35.

“It was round about eighteen thousand measures: and the name of the city from that day shall be, The Lord is there.” (Ezekiel 48:35)

Jerusalem was given this name as an indication that God had not abandoned Jerusalem. This name shows God’s omnipresent attribute; He is always present and accessible for His children.

The name in the New Testament that is most closely associated with it is Immanuel, “God with us,” a name that was given to Jesus. When we pray remember that we were created both to enjoy and to manifest God’s presence.

PRAY

- Take the time to enter God’s presence.
- Thank God for always being there with you, on the hills and valleys alike.
- Ask God to manifest Himself to you, and to experience Him like never before.

O Lord, our Lord, how excellent is thy name in all the earth! who hast set thy glory above the heavens. (Psalm 8:1)

WEEK 2 | OUR CHURCH FAMILY

As a church family, let's lift each other up so that we can live out the Ultimate Life found in John 10:10.

"The thief comes only to steal and kill and destroy. I came that they may have life and have it abundantly."

JOHN 10:10

JAN 15 | AWAKEN OUR FAITH

Expose areas of hardened hearts, stubbornness and resistance to His will. Help us to live out our faith, to seek His will and to surrender our lives completely to Christ. May we experience the freedom that comes only in Him. Revive our faith so we burn hot for Christ. Give us a single-minded purpose to stand in awe of God and to follow His leadings.

"If we live by the Spirit, let us also keep in step with the Spirit."

GALATIANS 5:25

"Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom."

2 CORINTHIANS 3:17

"The fear of the Lord is the beginning of wisdom; all those who practice it have a good understanding. His praise endures forever!"

PSALM 111:10

PRAY FOR:

- A deeper hunger for the Word of God
- Strength to live out the commandments of Scripture
- A deeper engagement in worship
- That we would be salt and light to our neighbours, co-workers, or classmates

JAN 16 | HEAL OUR HURTS

There are many of those who have not fully healed or found freedom from the wounds they've received in life. We need the Lord to heal hurting people through His immeasurable love, grace and compassion, to restore the brokenhearted, to replace mourning with gladness.

“The Spirit of the Lord God is upon me, because the Lord has anointed me to bring good news to the poor; he has sent me to bind up the brokenhearted, to proclaim liberty to the captives, and the opening of the prison to those who are bound; to proclaim the year of the Lord’s favor, and the day of vengeance of our God; to comfort all who mourn; to grant to those who mourn in Zion— to give them a beautiful headdress instead of ashes, the oil of gladness instead of mourning, the garment of praise instead of a faint spirit; that they may be called oaks of righteousness, the planting of the Lord, that he may be glorified.”

ISAIAH 61:1–3

“Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our affliction, so that we may be able to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God.”

2 CORINTHIANS 1:3–4

PRAY FOR:

- Those going through financial hardships
- Those who have recently lost loved ones
- Those struggling with depression or anxiety
- Those who have hurt others to seek forgiveness
- Those hurt by others to be able to offer forgiveness

JAN 17 | STRENGTHEN OUR MARRIAGES

We need God, who is love Himself, to empower us by His Spirit to guide those in their marriages to show love, forgiveness, and grace. Marriage is a picture of Jesus Christ and His bride, the Church. As Christian husbands and

wives, we have the high honour to represent the love and commitment Christ has for the Church through our love and commitment to each other.

“Husbands, love your wives, as Christ loved the church and gave himself up for her, that he might sanctify her, having cleansed her by the washing of water with the word, so that he might present the church to himself in splendor, without spot or wrinkle or any such thing, that she might be holy and without blemish. In the same way husbands should love their wives as their own bodies. He who loves his wife loves himself. For no one ever hated his own flesh, but nourishes and cherishes it, just as Christ does the church, because we are members of his body.”

EPHESIANS 5:25–30

PRAY FOR:

- Couples to be strengthened
- Unity in homes
- Wisdom in raising their children in the way they should go

JAN 18 | HELP OUR MINISTRY LEADERS

Help our ministry leaders remain strong in faith, sound in wisdom and faithful in prayer. Keep them devoted to their families and above reproach in all things. May they be gentle, honest and wise in carrying out their responsibilities.

“The saying is trustworthy: If anyone aspires to the office of overseer, he desires a noble task. Therefore an overseer must be above reproach, the husband of one wife, sober-minded, self-controlled, respectable, hospitable, able to teach,”

1 TIMOTHY 3:1–2

“For an overseer, as God’s steward, must be above reproach. He must not be arrogant or quick-tempered or a drunkard or violent or greedy for gain,”

TITUS 1:7

PRAY FOR STRENGTH IN THESE MINISTRY AREAS:

- Children, Youth, Young Adults, & Drop-In Centre
- Worship and Prayer Ministries
- Mens, Womens, and 50+ Ministries
- Cross-Cultural and Agape Ministries
- Hospitality Ministry

JAN 19 | REVEAL OUR GIFTEDNESS

Reveal our spiritual gifts. Help us to better understand our own gifts and to recognize the gifts of others for the common good of our church. May we use these gifts to serve with grace, with love and with renewed passion.

“As each has received a gift, use it to serve one another, as good stewards of God’s varied grace:”

1 PETER 4:10

“For this reason I remind you to fan into flame the gift of God, which is in you through the laying on of my hands,”

2 TIMOTHY 1:6

“For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.”

EPHESIANS 2:10

PRAY FOR:

- People to understand how they are gifted by God
- To find a place to serve with that gift in the Kingdom of God
- To seek to grow in developing and stewarding all the gifts God has given us

JAN 20 | ENCOURAGE OUR PASTORS AND STAFF

Encourage our pastors and staff when ministry gets tough. Give them strength in fatigue, hope in times of discouragement and wisdom in all decision-making. Help them to remain faithful to all God has for them.

“Therefore, having this ministry by the mercy of God, we do not lose heart.”

2 CORINTHIANS 4:1

“This is how one should regard us, as servants of Christ and stewards of the mysteries of God. Moreover, it is required of stewards that they be found faithful.”

1 CORINTHIANS 4:1–2

PRAY FOR:

- Our pastors and staff
- Their families
- Continued strength, passion, and vision for the ministry God has called them to

JAN 21 | FILL THIS CHURCH WITH PRAYER

Instill in us the desire for a deep, personal and intimate relationship in prayer with Christ. May we give thanks first, always and continually. Transform us into righteous men and women whose prayers are powerful and effective.

“And he was teaching them and saying to them, ‘Is it not written, ‘My house shall be called a house of prayer for all the nations’? But you have made it a den of robbers.’”

MARK 11:17

“pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you.”

1 THESSALONIANS 5:17–18

“Therefore let everyone who is godly offer prayer to you at a time when you may be found; surely in the rush of great waters, they shall not reach him.”

PSALM 32:6

PRAY FOR:

- Greater sense of urgency in our personal prayer lives
- Increased participation in our corporate prayer gatherings
- Burden to pray for others

***MORNING
PRAYER AT
BP CHURCH***



**MON. JAN 22 -FRI. JAN 26
6-7AM**

WEEK 3 | THE LORD'S PRAYER

The Lord's Prayer is often recited in churches or at religious events, but there's so much more to this prayer. Jesus provided this model as an outline to teach us how to pray in a way that connects us to God and empowers us to accomplish great things through Him. This model takes us through each part of The Lord's Prayer, showing us how to pray the way Jesus instructed.

One day Jesus was praying in a certain place. When He finished, one of His disciples said to Him, "Lord, teach us to pray..."

LUKE 11:1

"Our Father in Heaven, hallowed be Your Name. Your Kingdom come. Your will be done on earth as it is in Heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And do not lead us into temptation, but deliver us from the evil one. For Yours is the Kingdom and the power and the glory forever. Amen."

MATTHEW 6:9-13 NKJV

JAN 22 | CONNECT WITH GOD RELATIONALLY

"OUR FATHER IN HEAVEN"

God isn't interested in us practicing religion; instead, He desires a relationship with us. God has adopted us as His children and loves for us to call Him our Father. Starting our prayer time acknowledging our relationship with God is powerful for us and delights Him as well.

You have not received a spirit that makes you fearful slaves. Instead, you received God's Spirit when He adopted you as His own children. Now we call Him, "Abba, Father."

ROMANS 8:15

Proclaim your intimate relationship with God, addressing Him lovingly as your Father and thanking Him that you are His child.

PRAYER:

“Father, I come to You in prayer today thankful that I am Your child. I know I am a sinner, but You have forgiven me and adopted me as Your own, and I am so grateful to call you my Father. Thank you for loving me. I love you.”

REFLECTIONS

JAN 23 | WORSHIP HIS NAME

“HALLOWED BE YOUR NAME”

We are called to worship the Lord, and there is power in His Name. Here is a list of some of His Names to help us worship Him specifically and personally:

God is Righteousness – He makes us clean
God is Sanctifier – He has called us and set us apart
God is Healer – He heals all our diseases
God is Banner of Victory – He defeated our enemies
God is Shepherd – He speaks to us and leads us
God is Peace – He is our peace in every storm
God is Provider – He supplies all of our needs

The name of the Lord is a strong tower; the righteous man runs into it and is safe.

PROVERBS 18:10 ESV

Speak God’s names out loud. When we proclaim who He is, we not only worship Him, but we also remind ourselves how powerful and great our God is.

PRAYER:

“God, I am in awe of You. Your Name is a strong tower, a place of protection and safety for me. I praise You as my Healer, my Shepherd, and my Banner of Victory. You are my Peace, my Provider, my Righteousness, and my Sanctifier. Your Name is great, and I worship You.”

REFLECTIONS

JAN 24 | PRAY HIS AGENDA FIRST

“YOUR KINGDOM COME. YOUR WILL BE DONE ON EARTH AS IT IS IN HEAVEN”

Part of being a child of God is caring about what He cares about. We know His will is perfect, and we acknowledge His wisdom and sovereignty when we pray His agenda first. He will always give you all you need from day to day if you will make the Kingdom of God your primary concern.

“Instead, seek his kingdom, and these things will be added to you.”

Luke 12:31

Spend time focusing on what God is focused on. His priorities include:

- Saving the lost
- Wisdom and guidance for those in authority - parental, spiritual, governmental, work-related
- Accomplishing His purpose in our lives

PRAYER:

“God, I recognize there is no better plan on earth than Yours, and I pray for Your will to be done in my life, (name the areas of your life where you need more of God’s presence today) and in our world. This world is lost and needs You desperately, and I pray for every person to know You as their personal Lord and Saviour. I pray for the leaders in my life (pray specifically over

parents, spiritual leaders, government leaders, employers, and any other leaders in your life), that you would give them supernatural wisdom and discernment as they lead. Give them a revelation of Your will and Your purpose for them. And I give my life to You again today; have Your way in my life! Anything You want to do in me or through me, I will do. I ask today for wisdom and clarity as you show me my next steps.”

REFLECTIONS

JAN 25 | DEPEND ON HIM FOR EVERYTHING

“GIVE US THIS DAY OUR DAILY BREAD”

God promises to supply all our needs, and He wants us to come to Him with our problems, needs, and desires and to trust Him to provide.

I look up to the mountains—does my help come from there? My help comes from the Lord, who made heaven and earth!

PSALM 121:1-2

Ask God for what you need today. It may help to write down the concerns weighing on your mind or the desires of your heart. You can bring them to God, and trust Him enough to hand them over to Him fully. It may help to open your hands before God to physically show your surrender to Him. Problems can either be ours or God’s; they can’t be both.

PRAYER:

“Father, I acknowledge that everything I need today will come from You. You made the heavens and the earth; You are more than capable of handling any situation I’m dealing with, so I give it to You completely (specifically talk to God about what is on your mind and heart right now and give it to Him). I look to you to help me, sustain me, and give me Your peace. Remind me of Your hope and power today. Thank You in advance for taking care of my needs.”

REFLECTIONS

JAN 26 | FORGIVE AND BE FORGIVEN

“FORGIVE US OUR DEBTS, AS WE FORGIVE OUR DEBTORS”

God has offered us complete forgiveness, and we can receive it at any time. When we turn away from our sins and receive His forgiveness, our hearts are more prepared to forgive others as well.

If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness.

1 JOHN 1:9

Ask God to check your heart and life and show you areas where you might need to ask for forgiveness from Him. Then, it is your turn to forgive those who have offended you. We can even choose to forgive people in advance. Ask God to forgive you and to help you forgive others.

PRAYER:

“God, thank You so much for offering me the gift of forgiveness. Show me any areas in my life that I need to bring before You in order to receive forgiveness and healing. I confess that I have been struggling with sin (talk to God about any areas of sin in your life), and I know that You want me to be clean again. Please forgive me for my sin. Thank You for showing me unfailing grace. As You have so freely forgiven me, I also want to freely forgive others. Please help me let go of all of my offences. I release to You those who have hurt me, and I trust You to handle those situations according to Your perfect will.”

REFLECTIONS

JAN 27 | ENGAGE IN SPIRITUAL WARFARE

“AND DO NOT LEAD US INTO TEMPTATION, BUT DELIVER US FROM THE EVIL ONE”

Spiritual warfare can seem difficult to understand, but the Bible makes it very clear that we have an enemy who is trying to steal from us, kill us, and destroy us. As we pray, we take our stand against the enemy and fight from a place of victory through Jesus as we're empowered by His Holy Spirit. There is power in God's Word, and every lie the enemy has told us can be replaced with God's truth.

For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.

EPHESIANS 6:12

By recognizing that the enemy wants to destroy you, you can shed light on his lies and claim God's truth over your life. Ask God to show you any lies you're believing or areas of warfare happening in your life. Ask Him to expose the enemy and to help you understand and receive His truth. Simply speaking the Name of Jesus has great power in the spiritual realm. The Bible tells us in James 4:7 that if we resist the devil, he will flee from us. Through prayer, we can resist him and walk forward in freedom.

PRAYER:

“God, I recognize that my struggles today aren't against the people or circumstances around me, but against the enemy. Please help me to see how the enemy is lying to me. Help me to recognize his lies, take them captive, and make all of my thoughts obedient to the truth of Your Word (list out any specific areas God shows you where you have believed a lie that needs to be replaced with His truth). While the enemy wants to destroy me, I know that You came to give me life to the fullest. I speak the name of Jesus over my life and declare that no weapon formed against me will prosper. I don't have to fear the enemy because the One who is in me is greater than the one who is in the world.”

REFLECTIONS

JAN 28 | EXPRESS FAITH IN GOD'S ABILITY

“FOR YOURS IS THE KINGDOM AND THE POWER AND THE GLORY FOREVER.”

God is more than able to move in every situation, and ending our prayer time claiming His authority and power focuses our minds on the truth and hope of who He is and what He can do.

Ah, Sovereign LORD, you have made the heavens and the earth by Your great power and outstretched arm. Nothing is too hard for You.

JEREMIAH 32:17

Remind yourself of God's limitless power and then return to praising Him and declaring your faith in Him:

- “Yours is the Kingdom” – *all authority belongs to You*
- “Yours is the Power” – *all mightiness flows from You*
- “Yours is the Glory” – *Your victory will be complete*

PRAYER:

“Father God, nothing is too hard for You! Through Your great power, all things are possible. All authority is Yours, all might is Yours, and I know that Your victory will be complete. You are amazing, and I worship You. I praise You for Your power and presence in my life. You are my God, and You are worthy of all praise.”

REFLECTIONS

